

## LAKE VICTORIA PERCH

This firm freshwater fish from Lake Victoria is rich in taste and easy to prepare. Lake Victoria perch is caught in Lake Victoria in Uganda and Tanzania using the artisanal method of hand lines and nets. The fish is rich in omega-3 oils.

The Nile perch is a species of freshwater fish which is native to the African continent and lives in lakes and rivers in tropical areas. The Nile perch was introduced to Lake Victoria in East Africa in the 1950s, and has since been fished commercially.

### PRODUCT SPECS

**Latin name:**

Lates niloticus

**Appearance:**

Available as fresh product.

**Certification:**

**Shape options:**

- Fillets
- Steaks
- Portions
- Loins
- Headed and gutted

**Specifications:**

- Skinless
- Skin on
- Boneless
- With bones

**Quality:**

- Fresh

**Packaging:**

- Box





## ORIGIN

Lake Victoria, Tanzania / Uganda

## CATCH SEASON

Year round

## FISHING METHOD

Naturland Lake Victoria perch is caught in artisanal ways using gillnets and longlines. The Naturland certificate imposes strict requirements on the type of gear used, the minimum size of the fish and fair working conditions. Daily catch analyses and reports are the norm.

## SUSTAINABILITY CERTIFICATE

Naturland is a German organization that is committed to promote ecological agriculture worldwide. For the fishery industry, the "Naturland Wildfish" certificate was developed in 2007. This certificate covers the environmental, social and economic aspects of fisheries. Several Naturland projects contribute to improving the working conditions and welfare for the fisher community. Find out more at [Naturland](http://Naturland).

